

**The Parenting Center & The Elementary School PTAs
WOULD LIKE TO INVITE PARENTS TO ATTEND:**

The Impact of Technology & Social Media on Growing Minds

Tuesday, January 28, 2020 @ 7:30

**South Mountain School
444 West South Orange Ave. So Orange**

with

Lauren Muriello, MA, LPC



Lauren will address the Impact of technology & Social Media on Children & Teens including:

- **The Latest Brain Science & Research Findings**
- **What's happening in the brain? Is it really addicting?**
- **Forward Thinking - How to set kids up for success**
- **To Monitor or Not to Monitor, That is the Question**
- **Apps to Keep Your Child Safe**
- **Your Role as Parent - Like it, Tweet it, Pin it?**

**Lauren Muriello, LPC is the Founder of
Well Being Therapy Center with locations in Montville, NJ and Short Hills, NJ.
She is a licensed psychotherapist and educational speaker
on mental health and parenting education topics.**

Lauren has extensive experience working with children and their families. In addition to her work with Well Being Therapy Center, Lauren has worked in the non-profit sector where she supervised Bergen County's Family Preservation Services to assist families in crisis utilizing a short-term, intensive therapy model.

Previously, Lauren was Co-Director of Omega Teen Camp, a division of the **Omega Institute** (the nation's largest holistic education center). In this role she worked with more than 200 staff and teens to ensure the program was successful in providing a safe and supportive environment for adolescents to successfully manage life challenges.

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