

# The Parenting Center Groups

*Join Us! Attend one or all the meetings of any group*

**Special Education PTO** provides parents with tools and information to work collaboratively with the school district, and to be more effective advocates for their children. We host monthly meetings to help families network with other families and share information about special education concerns, successes, resources, and to navigate special education. *Questions?* Email: Sonya Selig [somaspedpto@gmail.com](mailto:somaspedpto@gmail.com)

October 19	January 26	April 26
November 24	February 23	May 24
December 22	March 22	

**Adoptive Parents Group** builds a community that can help support all of our families. We look forward to sharing resources, ideas, stories & strategies with adoptive parents in Maplewood & South Orange. All adoptive parents are welcome! *Questions?* Contact Jami Thall: [jamithall@gmail.com](mailto:jamithall@gmail.com) or Lorraine Caputo: [lorrainecaputo53@gmail.com](mailto:lorrainecaputo53@gmail.com)

October 6	January 12	April 5
November 17	February 2	May 3
December 8	March 8	

**ADD/ADHD Parent Group** offers parents of elementary and middle school children who have been diagnosed with ADD/ADHD or who have attentional difficulties the opportunity to share information, concerns and solutions. *Questions?* Contact Alison Steiner at [asteiner@somsd.k12.nj.us](mailto:asteiner@somsd.k12.nj.us)

October 21	January 20	April 20
November 18	February 17	May 18
December 16	March 16	June 15

**Strength for Their Journey** began as a workshop created in response to the events in Ferguson, Staten Island and North Charleston, S.C., as the question of how to address the experience of young black students in our community became increasingly more urgent. The workshop focused on how to talk with our children about these tragic national events and focused on identifying ways to protect and empower black students in our schools and in our community. The workshop members decided to form an on-going group to extend and expand the conversation and the call to action.

*Questions?* Contact Eric Stoudemire at [estoudem@somsd.k12.nj.us](mailto:estoudem@somsd.k12.nj.us)

Oct 14	January 13	April 20
Nov 11	Feb 10	May 11
Dec 9	March 9	

**Parenting Center Groups are open to all and meet from 7:30pm – 9:00pm  
at the Board of Education Building, 525 Academy Street, Maplewood, NJ 07040.**

