

The Parenting Center & The Elementary School PTAs
WOULD LIKE TO INVITE ALL PARENTS TO ATTEND:

“The Impact of Social Media on Kids”

Monday, March 11, 2019 @ 7:30

South Mountain School
444 West South Orange Ave. So Orange

Presented by:



Lauren Muriello, MA, LPC
Licensed Psychotherapist
Founder of Well Being Therapy Center
Montville, NJ

Lauren Muriello, LPC is the Founder of Well Being Therapy Center with locations in Montville, NJ and Short Hills, NJ. She is a licensed psychotherapist and educational speaker having presented dynamic programs on trending topics in mental health and parenting education to audiences of up to 600 people.

Lauren and her staff provide individual, family, and group therapy to children, adolescents, and couples. Lauren’s specialty has always been teen issues – including self-harm, social anxiety, and addressing how family dynamics impact adolescent development.

Previously, Lauren was Co-Director of Omega Teen Camp, a division of the Omega Institute (the Nation’s largest holistic education center). In this role she worked with more than 200 staff and teens to ensure the program was successful in providing a safe and supportive environment for adolescents to successfully manage life challenges. Lauren received her Bachelor’s Degree from Cornell University, and her Master’s Degree from Montclair State University.



well being therapy center

Lauren will address the Impact of Social Media on Children & Teens including:

- The Latest Brain Science & Research Findings
- What’s happening in the brain? Is it really addicting?
- Forward Thinking – How to set kids up for success
- To Monitor or Not to Monitor, That is the Question
- Apps to Keep Your Child Safe
- Your Role as Parent – Like it, Tweet it, Pin it?
- Creating a Healthy Balance for Your Child

PLEASE JOIN US FOR A WONDERFUL INFORMATIONAL PROGRAM!