



February

at the Parenting Center Parenting Groups

Join Us! Attend one or all the meetings of any group

Parenting Center groups are free of charge and open to all.

Groups meet at the Board of Education Building ▪ 525 Academy Street, Maplewood, NJ

February 26th @ 7:30 pm

SEPAC - Special Ed Advisory Committee

Support for Families of Secondary Students

(5th grade parents are encouraged to attend)

February 6st @ 9:30 -11:00 am

2E Twice - Exceptional Parent Support Group

Cancelled: New Date to be Announced Soon

February 11th @ 4:00- 5:30 pm

~~Mindfulness for kids & their grown-up(s)~~

Led by So. Mountain Teachers Tamara Murphy & Rebecca Ciuba

February 11th @ 4:00 - 5:30 pm

Special Sibs

February 19 @ 7:00 pm

Selective Mutism Support Group

February 20th @ 7:30 pm

ADD/ADHD Parent Support Group

The Parenting Center & Elementary School PTAs Present

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How to Have
**Difficult
Conversations
With Kids**

Difficult conversations about potentially scary and anxiety-provoking subjects can be uncomfortable. We want to keep our children protected and innocent for as long as we can, but sometimes the world interrupts that innocence. Our children are exposed to news about school shootings, natural disasters, and stories of violence and abuse. At school they participate in fire drills as well as code red and yellow drills.

Research has shown that a failure to talk about such important issues can leave children unprepared and unsupported as they try to understand and cope with these difficult topics.

Join us for this important workshop. Learn how to create an environment where no topic is off limits – even if your kid's questions leave you speechless.

Jefferson School
518 Ridgewood Road, Maplewood
February 12, 2019
7:30 PM

With
Dr. Adam Price

Dr. Price is a clinical psychologist with over 20 years of experience working with children & adolescents. He is the former Director of Outpatient Services at Newark Beth Israel Hospital and Associate Director of Family Connections. Dr. Price has published articles in academic journals, the Wall Street Journal and Family Circle. He has presented widely to parents and educators on child development and has appeared on numerous television and radio shows. Dr. Price is a frequent Parenting Center speaker – his workshops are always well attended & receive rave reviews. He is the author of *He's Not Lazy – Empowering your son to Believe in Himself*. Dr. Price has a private practice in Chatham and is a SOMA community member.

If you have a "Difficult Conversation" topic you'd like Dr. Price to talk about at this workshop, please email him at: difficultconversations.som@barnet.com

