

# How to Have Difficult Conversations With Kids

Difficult conversations about potentially scary and anxiety-provoking subjects can be uncomfortable. We want to keep our children protected and innocent for as long as we can, but sometimes the world interrupts that innocence. Our children are exposed to news about school shootings, natural disasters, and stories of violence and abuse. At school they participate in fire drills as well as code red and yellow drills.

Research has shown that a failure to talk about such important issues can leave children unprepared and unsupported as they try to understand and cope with these difficult topics.

Join us for this important workshop. Learn how to create an environment where no topic is off limits – even if your kid's questions leave you speechless.

**Jefferson School**  
518 Ridgewood Road, Maplewood  
**February 26, 2019**  
**7:30 PM**

With  
**Dr. Adam Price**

Dr. Price is a clinical psychologist with over 20 years of experience working with children & adolescents. He is the former Director of Outpatient Services at Newark Beth Israel Hospital and Associate Director of Family Connections. Dr. Price has published articles in academic journals, the Wall Street Journal and Family Circle. He has presented widely to parents and educators on child development and has appeared on numerous television and radio shows. Dr. Price is a frequent Parenting Center speaker – his workshops are always well attended & receive rave reviews. He is the author of *He's Not Lazy – Empowering your Son to Believe in Himself*. Dr. Price has a private practice in Chatham and is a SOMA community member.

If you have a “Difficult Conversation” topic you’d like Dr. Price to talk about at this workshop. Please email him at:  
[difficultconversations.soma@gmail.com](mailto:difficultconversations.soma@gmail.com)

