

Health Care Resources: COVID-19 Testing and Vaccination Options, Mental Health, Dentistry

August 19, 2021

COVID-19 TESTING AND VACCINATION OPTIONS

Including Option for Transportation

- **Consult your Health Care Provider**
- **Visit Covid19.nj.gov**
- **Federally Qualified Health Centers (FQHCs)** <https://www.nj.gov/health/fhs/primarycare/fqhc/> See below. COVID-19 testing is free of charge at FQHCs regardless if you have insurance or not.
- **Essex County COVID-19 Testing and Vaccination Centers**
 - Essex County Residents may register at www.EssexCOVID.org
 - Essex County Residents may call the COVID-19 Testing Call Center at 973-877-8456. The call center is open from Monday to Friday 9am - 6pm; or Saturday 9am - 5pm.
 - To find a testing site near you: <https://covid19.nj.gov/pages/testing#test-sites>
- **For Transportation Assistance for a Vaccine Appointment**
 - Call 2-1-1 to receive a Lyft voucher up to \$30 each ride
- **In-Home COVID19 test opportunity**
 - NJHEROESTOO.COM/CBO
 - 732-470-0865

PHYSICAL HEALTH

Federally Qualified Health Centers (FQHCs)

<https://www.nj.gov/health/fhs/primarycare/fqhc/>

New Jersey's Federally Qualified Health Centers (FQHCs) deliver high quality health care to all people regardless of their ability to pay. You don't need health insurance to receive care at a health center. They serve the uninsured as well as patients with Medicaid, NJ FamilyCare, Medicare and private insurance. If you are uninsured, fees are charged based on your income level using a sliding fee scale. No one is ever turned away for lack of funds.

COVID-19 testing is free of charge, regardless if you have insurance or not.

Health centers provide a wide range of services which include:

- Comprehensive Primary and Preventive Health Care
- Pediatric Services
- Dental Care
- Women's Health
- Behavioral/Mental Health
- Lab Services
- HIV/AIDS Counseling and Testing
- And much more

Health Centers are conveniently located statewide. To locate the Essex County Health Center nearest you, visit <https://healthapps.state.nj.us/fhs/cphc/cphcList.aspx>

MENTAL HEALTH

Mental Health Helplines

- Family Support Organization of Essex County: 973-395-1441 <https://fsoec.org/index.php>
- Mental Health Association of NJ HelpLine: 877-294-4357 "if you are feeling stressed, anxious or depressed"



- NJ Mental Health Cares: 866-202-4357 Health information, referral service and emotional ; COVID-19 help@njmentalhealthcares.org
55-654-6735 Peer support and suicide prevention hotline

- The Family Service Bureau of Newark: 973-272-7488 Offering a Crisis Counseling Program for mental health counseling during the pandemic crisis, Monday to Friday, 9am to 5pm FSBNJHH@newcommunity.org
- Rutgers University Behavioral Health Care (RUBHC): 833-223-0011. Free helpline will provide and expand behavioral health treatments and supports to individuals who are experiencing mental health and substance abuse issues related to the spread of the COVID-19 virus. Monday to Friday, 8am to 8pm
- Maplewood Township Website has further resources on its Mental Health page
<https://www.twp.maplewood.nj.us/community-services-department/public-health-division/pages/mental-health>

Federally Qualified Health Centers (FQHCs) <https://www.nj.gov/health/fhs/primarycare/fqhc/> See above.

DENTAL HEALTH

American Dental Association

[ADA Find-a-Dentist](#): Search by zip code and specialty/general. Then you can filter payment options to include "Medicaid accepted"

Rutgers School of Dental Medicine

[Rutgers School of Dental Medicine](#): Accepts Medicaid and has a sliding scale fee schedule. They have clinics for almost every dental specialty (oral surgery, orthodontics, pediatrics, endodontics/root canals, periodontics/gum stuff, prosthodontics/dentures, crowns and bridges)

Federally Qualified Health Centers (FQHCs) <https://www.nj.gov/health/fhs/primarycare/fqhc/> See above.

TOWNSHIP RESOURCES

Township of Maplewood Website Community Health Care Resources page:

<https://www.twp.maplewood.nj.us/community-services-department/public-health-division/pages/community-health-care-resources>

Township of South Orange Website Community Support page:

<https://southorangecovid19.com/community-support>