



Program Overview

Community Creche Expansion Program (CCEP) provides transitional housing, substance abuse treatment and services for women and their children. *CCEP* is funded by the US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA).

Goal: The purpose of the program is to expand and enhance our current continuum of care for pregnant, postpartum women and their children. *CCEP* will provide culturally relevant, evidence based co-occurring substance abuse/mental health /trauma treatments, and recovery supports to women who have limited access.

Target Population: Essex County pregnant and postpartum (child under the age of 1) women in need of substance abuse treatment. Children (ages 17 and under) may accompany mom while in treatment.

Services: The program identifies women in need of substance abuse treatment and provides them with comprehensive case management, linkages to social services and health care, counseling and health education utilizing evidence based curricula and practices.

Core Program Components:

- Community Outreach
- Linkage to healthcare
- Transitional Housing
- Substance Abuse Treatment (Real House)
- Case Management
- Counseling (Motivational Enhancement Therapy, Family Behavioral Therapy, Seeking Safety and group therapy)
- Life Skills
- Child Care
- Family Reunification
- Health Education
- Parenting Classes
- Transportation assistance
- Baby essential items



For more information, please contact Ciara Vandyke, Outreach Specialist/Case Manager or Nana Nuamah, Program Manager at (973) 973-678-5882 x3011

ARE YOU PREGNANT, OR HAVE A CHILD UNDER 12 MONTHS?
DO YOU EXPERIENCE PERIODS OF DEPRESSION?
DO YOU SMOKE OR DRINK EXCESSIVELY, AND WANT TO QUIT?



CCEP CAN HELP!

CCEP assists pregnant and postpartum women, ages 18 and older, residing in Essex County, NJ, with supportive services not only to help them fight their addictions, but empower them to rebuild relationships with family and friends. We address the unique life circumstances and needs of pregnant and postpartum women and their families (children/spouses/partners) in a residential treatment setting.

If you, or someone you know can answer "YES" to the three questions at the top of this flyer, please contact us at the number below, or send an E-mail to one of the following:

Ciara Vandyke, Outreach Specialist/Case Manager
cvandyke@isaiahhouse.org

Nana Nuamah, Project Manager
nnuamah@isaiahhouse.org

Available Services

- Transitional Housing
- Substance Abuse Treatment
- Case Management
- Linkage to healthcare
- Counseling (Family and Individuals)
- Child Care
- Family Reunification
- Transportation Assistance
- Baby Essential Items
- Group and Respite Activities

Requirements

- Must be an Essex County Resident
- Must be pregnant or diagnosed as postpartum (if postpartum, must have at least one child under 12 months)
- Must be 18 years of age or older
- Must be in need of substance abuse treatment
- Classified as low-income
- Must complete a pre-screening questionnaire

Because healthy families are important!™

Call or Refer Someone Today!

1.973.678.5882 (x3006 / x3011)

Isaiah House Inc. • 238 North Munn Avenue • East Orange, NJ 07017

<http://ihccep.com> | <http://isaiahhouse.org> | General E-mail: info@ihccep.com





¿ESTAS EMBARAZADA O TIENES UN HIJO MENOR DE 12 MESES?
¿SUFRES PERÍODOS DE DEPRESIÓN?
¿FUMAS O BEBES EN EXCESO Y QUIERES DEJARLO?

ICCEP PUEDE AYUDARTE!

CCEP ayuda a mujeres gestantes y a mujeres que han dado a luz recientemente, mayores de 18 años, que residen en el condado de Essex, NJ, con servicios de apoyo no solo para ayudarles a combatir sus adicciones, sino también para que puedan reconstruir las relaciones con sus familiares y amigos. Nos ocupamos de las circunstancias y necesidades únicas de la vida de las mujeres gestantes y de las que han dado a luz recientemente, así como de sus familias (hijos/cónyuges/parejas) en un ambiente de tratamiento residencial.

Si tú o alguien que conoces responde "Sí" a las tres preguntas que figuran en la parte superior de este folleto, comunícate con nosotros al número que se indica abajo o envía un correo electrónico a una de las siguientes personas:

Ciara Vandyke, Outreach Specialist/Case Manager
cvandyke@isaiahhouse.org

Nana Nuamah, Gerente de Proyecto
nnuamah@isaiahhouse.org

Servicios Disponibles

- Alojamiento temporales
- Tratamiento de abuso de sustancias intoxicantes
- Administración de casos
- Vinculación a la asistencia sanitaria
- Asesoramiento (Familiar y Personal)
- Cuidado de niños
- Reunificación familiar
- Asistencia de transporte
- Artículos esenciales para bebés

Requisitos

- Debe ser residente del Condado de Essex
- Debe estar embarazada o diagnosticada como puérpera (si es puérpera, debe tener al menos un hijo menor de 12 meses)
- Debe ser mayor de 18 años
- Debe necesitar tratamiento por abuso de sustancias
- Clasificada como de bajos ingresos
- Debe completar un cuestionario de preselección

¡Porque las familias sanas son importantes!™

¡Llama o refiere a alguien hoy!

1.973.678.5882 (Anexos 3006 o 3011)

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