

Coach Chris Henry Bio

Coach Chris Henry graduated from Seton Hall Prep in 1995 and was a member of the 1995 Parochial A Champion team which was ranked 5th nationally and finished 2nd in the Star Ledger top 20 in the state. After graduating from Stonehill College, he enrolled at Union County College where he was Captain of the baseball team. In 2006 he was hired as Assistant Coach at UCC where the team broke the school record for wins at 24. In 2008 Coach Henry became the Head Varsity Baseball Coach at Kushner Academy. After winning their first game in the program's two-year history, the team made the playoffs the next 5 years including back to back championships in 2011 and 2012 in their conference. In 2013 they captured a national tournament championship in Columbus, Ohio. In 2014, Coach Henry was a Volunteer Assistant Varsity Coach at Newark Academy where the team won the Prep B championship for the second straight season. He has been the Freshman Baseball Coach at Madison High School since the 2015 season. In 2016, he led his squad to a Morris County Championship with a 16-2 record. He has also served on the staff at the Strike Zone HPTC in East Hanover as an Instructor and Coach for the Strike Zone and North Jersey Cardinals.

Coach Henry continues to instill discipline and commitment towards the young athletes from the South Orange/Maplewood Baseball program, serving on many of its volunteer committees, as well as working with other local high school and college players. He has coached numerous local travel teams in the fall and summer months, including the South Orange American Legion Junior team for four seasons. In the summer of 2018 he led the 14U SOM Cougars to a state tournament bid, finishing one game short of the mid-regionals in Williamsport, PA.

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GUEST SPEAKERS

Each summer we bring a number of speakers in to discuss baseball with our campers. These speakers have included current and former college baseball players as well as baseball professionals such as Rico Bellini and Phil Cundari.

RICO BELLINI – Director of Baseball at The Strike Zone HPTC. Rico Bellini is a former College All-American and participated in the College World Series in back to back seasons. He went on to play four years in the Cleveland Indians Organization. He is also a member of the Seton Hall University Hall of Fame. After his professional baseball career, Rico served as the Head Baseball Coach at Wagner College, teaching young men the correct way to play the game and the importance of getting a good education off of the field. He continues to work with players as a Coach and Instructor, as the current Head Baseball Coach of North Jersey Cardinals Showcase team. Under his guidance and tutelage, numerous players have developed and moved on to major college programs.

PHIL CUNDARI – Phil Cundari is currently in his second year as the Rutgers Baseball pitching coach. The 2011 National Pitching Coach of the Year spent the previous 17 seasons on the staff at Seton Hall University. In his first season leading the RU pitchers, Cundari helped the staff lower its ERA to 4.82, down from 6.11 the year before. The Scarlet Knights held opponents to two or less runs in a game 10 times, which was achieved just two times prior. He was named National Pitching Coach of the Year and received the "Distinguished Service to College Baseball" award from the New Jersey Sports Writer's Association in 2012. He has coached 21 players who were either selected in the Major League Baseball First-Year Player Draft or signed as a free agent.

In his college career, Phil Cundari ranks second in career wins (26), fourth in games started (36) and seventh in strikeouts (217) while playing just three seasons at Seton Hall University. He was named BIG EAST Pitcher of the Year, Second Team All-American honors in 1985 and is a member of the Seton Hall University Hall of Fame. He was drafted by the Oakland Athletics in 1985 where he pitched four seasons.

In addition to coaching, Cundari currently runs his own private practice as a sports performance consultant as a licensed psychotherapist, where he specializes in peak performance and mental toughness training for athletes of all levels.

The Cougar Baseball Camp Experience

This Camp will focus on the basic fundamentals of baseball, teaching players the proper methods and techniques to improve and hone their skills, all while learning and enjoying this great game. Each camper will be exposed to the following:

- Proper Mechanics/Techniques of Throwing a Baseball
- Defensive Techniques and Strategy
- Fundamentals of the Swing
- Mental Aspects of the "Game"
- Baserunning Form/Techniques
- Pitching, Catching & Position Player Fundamentals
- Sportsmanship and Rules

Each day of Cougar Baseball Camp will focus on a different skill and technique that players will learn and apply. Instruction will take place each morning so players can utilize skills taught in afternoon games. Every player will be analyzed and evaluated during instruction and games.

All players must bring their own glove. Bats and helmets will be provided, if necessary. **All campers are responsible for bringing their own lunch. Water will be available.**

Participants of the Cougar Baseball Camp will have access to the South Orange Pool on selected dates. Campers will be notified to bring a change of clothes and a towel.

In the event of bad weather, we have arranged for use of space within South Orange Middle School. We will plan appropriate movies and/or baseball related activities suitable for the space/s provided.

TYPICAL SCHEDULE OF EVENTS

DAY ONE: Introductions/Evaluations & Testing

DAY TWO: Defensive Drills (infield/outfield)

DAY THREE: Offensive Skills (bunting, baserunning, offensive awareness & hitting drills)

DAY FOUR: Specialty Positions Breakdown

DAY FIVE: GAME DAY & CEREMONY!

CAMP REGISTRATION FORM

Name of Player: _____

Address: _____

Phone #: _____

Email: _____

Age: _____ Date of Birth: _____ Grade: _____

Any allergies or other Medical Issues we should be aware of:

Emergency Contact: _____

Emergency Contact Number: _____

T-Shirt Size: _____

PARENTAL RELEASE FORM

I/we the parents of the child listed on this form hereby give permission for my/our child to participate in the baseball activity as indicated on this form. I/we understand that participation in baseball may result in serious injury, and that protective equipment does not prevent all injuries to players. By my/our signature(s), I/we agree to hold harmless the Township of South Orange Village, the South Orange Department of Recreation & Cultural Affairs, their employees and volunteers for any claim arising out of any injury to my/our child as a result of his/her participation in this activity. Further, I/we give permission for photos of my child's participation in the Cougar Baseball Camp to be used for non-profit purposes on the Department website and in publicity regarding the department and its programs.

Parent Signature

Date

CAMP INFORMATION

AGES: 6-13 (as of April 30, 2019)

TIME: 9:00 am-3:00 pm

LOCATION: Meadowland Park Field #3, South Orange

DATES/FEE (PLEASE CIRCLE):

<u>Camp Week</u>	<u>Fee*</u>
Week 1: Th-F June 27, 28 and M-W, July 1-3	\$325
Week 2: July 8-July 12	\$325
Week 3: July 15-July 19	\$325
Week 4: July 22-July 26	\$325

*\$25 discount for 2-week enrollment

*\$50 discount for 3-week enrollment

*\$75 discount for 4-week enrollment

Make checks payable to: "The Village of South Orange"

NO REFUNDS WILL BE ISSUED ONCE THE PROGRAM BEGINS

*Weekly fee includes \$20 per player field use fee dedicated to field restoration and improvements.

****ENROLLMENT IS LIMITED TO 50
ATHLETES PER SESSION****

2019 Cougar Baseball Camp



With Coach Chris Henry

Four Weeks

9:00 am-3:00 pm

Ages 6-13 (as of April 30)

Meadowland Park, So. Orange

Presented by

The South Orange Dept. of Recreation & Cultural Affairs

5 Mead Street, South Orange, NJ 07079

(974-378-7754), ext. 2

www.southorange.org