



BUILDING FOR THE FUTURE  
**Maplewood**  
Memorial Library

# Adult Health Screenings

- Blood Pressure Screening • Carotid Bruit Screening • Diabetes Risk Assessment
- Medication, Weight & Health Counseling

FREE and open to Maplewood adults 18 & over.  
Staffed by Maplewood Health Dept. nurses.

## MAPLEWOOD TOWN HALL

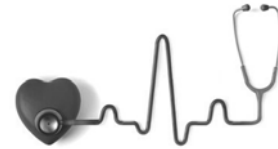
574 Valley St.

**10:00 am - Noon**

January 8\*  
February 12  
March 5  
April 9\*  
May 7  
June 4  
July 9\*  
August 13  
September 10  
October 8\*  
November 12  
December 10

\* Horizon Blue Cross/Blue Shield will be on site to provide cholesterol and blood glucose screenings. Fasting is not necessary.

## 2019 Dates



### HILTON BRANCH

1688 Springfield Ave.

**3:30 - 5:00 pm**

January 9  
March 20  
May 8  
July 10  
September 11  
November 13

### MAIN LIBRARY

51 Baker St.

**10:30 am - Noon**

February 4  
April 1  
June 3  
August 5  
October 7  
December 2

Drop-ins are welcome. For an appointment, call **973-762-8120 ext. 4300**.

Atlantic Health System / Overlook Medical Center Community Health Dept.

## Healthy Avenues Van

MAPLEWOOD TOWN HALL 574 Valley St.

**10:00 am to Noon**

April 23: Alcoholism & Substance Abuse Education,  
Blood Pressure & Glucose Screenings

May 14: Stroke Health Education & Awareness, Stroke Screenings

June 18: Men's Health Education & Awareness, BMI, Glucose Screenings

**MAPLEWOOD SENIORS:** arrange for bus transportation at 973-763-5287.  
The Maplewood Senior bus runs from 9-1 on Mondays & Tuesdays.