

7 Burnet St.
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973-378-7660 x 3175
cebbesen@familyconnectionsnj.org

Hours of Operation Mon.-Fri. 9:30am – 5:30pm

Evening appointments available upon request Open to students by appointment during the day, students without appointments can ONLY come AFTER SCHOOL.

For Specific Dates, The Hub Calendar Can Be Found Under "The Hub" Tab at: www.mmshsa.org

Program Summary

The Hub is a School-Based Youth Services Program dedicated to the emotional, social and academic success of MMS youth. With our own office in the school, we deliver mental health counseling, skills-building and prevention services, recreational activities, special events, and academic support. Working in collaboration with school personnel and community groups, our services help youth and their families build strength, character, compassion and optimism about themselves and their futures, so they can form healthy relationships, make positive choices and achieve success both in Middle School and beyond. After school, the Hub is open for supervised recreation including, videogames, ping pong, foosball, board games, computer use and hanging out with friends. All services and events provided by the Hub are free of charge.

March 2019 Events

Clubs at The Hub!

The Hub/YouthNet Homework Club- Drop-In's Welcome

When: Monday, Wednesday and Thursday from 3:05pm-4pm

The Hub and Youthnet are collaborating on a homework club in the MMS library. Students can come to library from 3:05pm to 4pm Mondays, Wednesdays, and Thursdays where they can get assistance from YouthNet/MMS teachers, Achieve tutors, and use the school computers for assignments online. Hub students can earn coupons to Village Trattoria and the Village Ice Cream parlor for 3 hrs of homework and attend the end of the year party.

Groups at The Hub!

Mentor Group

When: Tuesday, March 26th at 3:30 pm in MMS Cafeteria

Thirty students can join the group and will be expected to attend one meeting a month throughout the school year and participate in group activities, recreation, and community service projects. Eleven students from Columbia High School will serve as mentors along with the four members of The Hub staff. Topics covered in the group will include the keys academic success, building resiliency, navigating peer relationships, self-esteem, self-care, and conflict resolution.

Please contact Ms. Candice for more details.

March Madness

When: Thursdays at 3:15pm-5pm in MMS Cafeteria

Students can sign-up to play against their friends and peers and win prizes in ping pong, 3x3 basketball, minute-it-to-win-it games, and boardgames.

Please contact Mr. E for more details.

TOP Group

When: Tuesdays in The Hub office from 3:15-4 pm

The TOP group will help students to address social and emotional challenges as well as building self-esteem through artistic expression and community service projects.

Please contact Ms. J at The Hub for more details.

Ladies Who Lunch Group

When: Wednesdays in The Hub office at 11:05

Topics will include managing stress, emotional regulation, media/self-esteem, goal-setting, peer pressure, and relationships.

Please contact Ms. Candice at The Hub for more details.

