

The Loft **at Columbia High School**

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Hours of Operation Mon.-Fri. 9:30am – 5:30pm

Evening appointments available upon request

Open to students by appointment throughout the day, students without appointments can ONLY come during LUNCH, FREE PERIODS and AFTER SCHOOL.

Program Summary

The Loft is a School-Based Youth Services Program dedicated to the emotional, social and academic success of CHS youth. With our own offices in the school, we deliver mental health counseling, skills-building and prevention services, recreational activities, special events, and academic and employment support. Working in collaboration with school personnel and community groups, our services help youth and their families build strength, character, compassion and optimism about themselves and their futures, so they can form healthy relationships, make positive choices and achieve success both in high school and beyond. During lunch periods and after school, the Loft is open for supervised recreation including, videogames, pool table, board games, computer use and hanging out with friends. All services and events provided by the Loft are free of charge.

March 2019 Events

Loft Cinema- Drop-In's Welcome

Friday, March 1, 2019 from 3:15pm-5:15pm

The Loft will be hosting it's monthly Loft Cinema, movie TBD. The movie will begin by 3:15pm.

Loft Open House- Drop-In's Welcome

When: Wednesday, March 6, 2019 5th, 6th, 7th, 9th, and After School

All CHS students are welcome to drop-in to check out the Loft, especially if they have never been, and learn about services offered, while enjoying a snack.

Women's History Month Game Show- Drop-In's Welcome

When: Friday, March 8, 2019 3:30-4:30pm

The Loft will be hosting Women's History Month game of Kahoots, to allow students to learn, work as a team, while having fun, and healthy competition.

Loft Ambassador Interviews- Application Required

The Loft will open up applications for Loft Ambassadors, who will also be a part of an advisory board, which will help with marketing the Loft, helping to choose the activities for the month,

and welcoming new students to the program etc. All Loft attendees are eligible to apply. Interviews will take place on 3/12/19 during the student's lunch period.

Nutritional Activity- Drop-In's Welcome

When: Thursday, March 14, 2019 at 3:30pm

To bring awareness to National Nutrition Week, we will be hosting an activity with nutritious treats, as well as bringing knowledge to the students regarding healthy eating.

NBA 2k Tournament- Sign Up Required

When: Friday, March 15, 2019 at 3:30pm

Students can participate in an NBA 2k tournament playing against their peers, and the top two finalists win prizes.

Family Bingo Night- RSVP Required

When: Tuesday, March 19, 2019 5:30pm-7:30pm

The Loft will be hosting a game night with food and prizes for CHS students and their families. RSVP to the Loft Manager to attend the event either by email or phone (using the contact information on the first page).

Set the Record Straight- Sign Up Required

When: Wednesday, March 20, 2019 at 3:30pm

Students can participate in a prevention activity discussing how becoming involved with the criminal justice system can effect being eligible for employment and explaining the juvenile record expungement process.

Career Presentations- Sign Up Required

When: Thursday, March 21, 2019 during 7th period

The Loft employment specialist is partnering with our Career Awareness teacher, Mr. Cohen, to host monthly career awareness presentations, this month featuring a law enforcement officer and another professional.

Pool Tournament- Sign Up Required

When: Friday, March 22, 2019 at 3:30pm

Students can participate in some healthy competition through a pool tournament and the top two competitors win prizes.

Uno Tournament- Sign Up Required

When: Friday, March 29, 2019 at 3:30pm

Students can participate in an Uno tournament playing against their peers, and the top two finalists win prizes.

March 2019 Groups and Activities

Daily Recreation- Drop in's Welcome

**When: Monday, Wednesday, Thursday and Friday during lunch periods and
Monday, Wednesday, Thursday and Fridays after school until 5:30pm**

The Loft gives students a safe and supervised place to hang out, play video games, board games, and pool, do homework or just talk with friends and staff.

The Loft “Unplugged”- Drop in’s Welcome

When: Every Wednesday

The Loft will be putting away the videogames and bringing out board games, Karaoke and a variety of hands on activities and projects. Come and hang out with friends and staff, kick back and relax.

Homework Club- Drop in’s Welcome

When: Every Tuesday 3:02pm to 5pm-

Once a week, the Loft designates the entire space to be a homework only zone. Recreation is shut down for the afternoon to encourage and help students with homework and/or projects. Those students who participate in and work on homework during this time are rewarded with coupons to the Maplewood Pizzeria. Any student of CHS can drop by to do his/her homework. We will also have Achieve Tutors present between 3:30-4:30pm of homework club if students need assistance with their work.

Boys Group- Sign up Encouraged.

When: Monday 6th Period Lunch or After School

Contact: Mr. Alrick Douglas in the Loft for details and sign-up

This is a Positive Prevention group for the young males of CHS to discuss the real issues teenagers are faced with today. This group gives students a place to come and discuss the problems, challenges and choices they are faced with in their lives and positive strategies to navigate through.

Girls Group- Sign up Encouraged.

When: Every Wednesday 3:30pm to 4:30pm

Contact: Please see Ms. Katie Athey in the Loft for details.

This is a Positive Prevention group for the young ladies of CHS to discuss the real issues female teenagers are faced with today. This group gives students a place to come and discuss the problems, challenges and choices they are faced with as a female teenager growing up today

Me Project Group- Sign up Encouraged.

When: Every Wednesday Offered 5th and 6th Period Lunches

Contact: Please see Ms. Katie Athey in the Loft for details.

This is a Positive Prevention group for students who can benefit from stress-reduction and mindfulness skills.

Note: Schedule Changes for March 2019-

3/26/19: CHS ½ Day: Loft Open 12-3pm